



## Laser Preoperative Instructions:

You are scheduled for laser surgery on Thursday \_\_\_\_\_  
We will call you the day before your surgery with your arrival time.

Please wash your face before you arrive.

Do not use any perfume, cologne, aftershave or hair products that have a heavy fragrance.

Take 600 mg of Ibuprofen 30 minutes prior to your arrival time.  
If you cannot take Ibuprofen, take 2 Extra Strength Tylenol.

Start Vitamin C 500 mg twice a day and continue for at least one month after surgery.

Women – please make sure all eye makeup is completely removed. No eye makeup for one week following your procedure.

You will need a driver – you will be given Valium and you will not be able to drive until the next day.

No contact lenses for 1 week prior to surgery.

No reading or computer work the day after surgery.

If you have small children, please have others care for them.

You are to sleep for 6-8 hours after your procedure. Your eyes will be scratchy, teary and burning for 6- 8 hours after surgery and if you sleep after returning home, your eyes will heal faster. If you have trouble sleeping, take Ambien as directed.

Continue Ibuprofen or Tylenol every 4 hours as needed for discomfort.

**If you have any questions, please call 281-488-7213**

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