




INSTRUCTIONS TO FOLLOW AFTER YOUR SURGERY:

1. Plan to have someone drive you to your post-op appointment scheduled for tomorrow.
2. Rest the day of surgery. You may plan on resuming normal activities one day after surgery following clearance at your post-op appointment.
3. Resume all of your routine medications and diet.
4. Do not rub or scratch the eye.
5. Wear the eye shield while sleeping x five nights.
6. Do not wear make-up for one week.
7. Sunglasses are provided for wear outside for the next two weeks to protect the eye from glare and from dust or debris blowing into the eye.
8. You may bathe and wash your hair, taking care to avoid getting soap or shampoo into the eye.

Instill drops starting today as follows: (wait one minute between each drop)
(Continue drops schedule until told otherwise)

	Breakfast	Lunch	Dinner	Bedtime
 Besivance	○	○	○	
 Prolensa	○			
 Durezol (shake bottle well before use)	○	○	○	○

It is not uncommon the night of surgery for the eye to tear, feel scratchy, or burn. You may use over the counter artificial tears for relief as often as needed. Tylenol or Advil should be sufficient for any pain or discomfort. Your vision may be blurred or discolored (red or blue).

Should you experience any pain not relieved by Tylenol or Advil, please contact our office at 281-464-9616. If after 5pm or on weekends, please call 281-488-7213 and ask to speak to Dr. Lipsky. You may also contact Jamie at 281-851-9306 or Dr. Stephens at 832-368-4643.

Caregiver Acknowledgment _____ Date _____